

**PRECONFERENCE | THURSDAY, JANUARY 19, 2023**

\*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
<b>8:30 - 9:00</b>	<b>BREAKFAST AND REGISTRATION</b>
<b>9:00 - 9:45</b> 45 mins Q&As	<p><b>T1. IMPLEMENTING THE OTTAWA MODEL FOR SMOKING CESSATION IN ANY SETTING   Speakers TBD</b></p> <p>*Learning objectives: Explain the 5 key features of the Ottawa Model; describe the rationale for the program and the adaptability of implementation in a variety of clinical settings and specialty areas.</p>
<b>9:45 - 10:30</b> 45 mins Q&As	<p><b>T1. TBD   Speakers TBD</b></p> <p>*Learning objectives: Summarize the experiences of a smoking cessation program in a diverse population, and increase practical knowledge and emerging approaches to assist this clientele.</p>
<b>10:30 - 10:45</b>	<b>COFFEE BREAK</b>
<b>10:45 - 12:00</b> 30 mins Q&As	<p><b>T1. HACKING IMPLEMENTATION SYSTEM CHALLENGES!   Speakers TBD</b></p> <p>*Learning objectives: Identify 5 different scenarios and discuss how to implement a solution</p> <ul style="list-style-type: none"> <li>• What is the problem we are trying to solve? (Overview)</li> <li>• What are the potential options? (Objectives)</li> <li>• How will you action/implement? (Solution)</li> </ul>
<b>12:00 - 1:00</b>	<b>LUNCH</b>
<b>13:15 - 14:00</b>	<p><b>T2. CASE STUDIES EXERCISE   Speakers TBD</b></p> <p>*Learning objectives: Discuss two separate case studies, review the biggest barriers to quitting and outline recommended treatment.</p>
<b>2:00 - 2:15</b>	<b>COFFEE BREAK</b>
<b>13:15 - 14:00</b>	<p><b>T2. TBD   Speakers TBD</b></p> <p>*Learning objectives: Determine the challenges smokers' with mental health face when considering cessation and explore novel opportunities for healthcare professionals to assist.</p>



**DAY 1 | FRIDAY, JANUARY 20, 2023**

\*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
7:30 - 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
8:30	OPENING CEREMONY   <a href="#">Elder</a>
8:30 - 8:40	INTRODUCTORY COMMENTS   <a href="#">Sarah Mackler, University of Ottawa Heart Institute</a>
8:40 – 9:00 20 mins pres	<b>CLINICAL SMOKING CESSATION IN 2023: CONTEMPORARY ISSUES AND CONTEMPORARY PRACTICE</b>   <a href="#">Dr. Andrew Pipe and Dr. Hassan Mir</a> *Learning objectives: Interpret the philosophies and latest research underlying clinical smoking cessation interventions in the healthcare setting.
9:00 – 10:00 45 mins pres 15 mins Q&A	<b>KEYNOTE PRESENTATION</b>   <a href="#">Speaker TBD</a>
10:00 - 10:20	<b>BREAK</b>
10:20 – 12:00 30 mins pres 15 mins Q&A (repeated)	<b>BREAKOUT SESSIONS (10:20 – 11:05 and repeated from 11:15 – 12:00)</b>  <b>F1. THE MASTER CLASS: A CONVERSATION WITH DR. ANDREW PIPE AND TBD</b>   <a href="#">Speaker TBD</a> *Learning objectives: Outline landmark approaches to smoking cessation through an open and informed conversation with an internationally renowned tobacco cessation expert.  <b>F2. COUNSELLING PATIENTS/STRESS MANAGEMENT</b>   <a href="#">Speaker TBD</a> *Learning objectives: Summarize approaches to managing stress in patients enrolled in smoking cessation programs.  <b>F3. DIGITAL APPS/TECH FOR SMOKING CESSATION</b>   <a href="#">Speaker TBD</a> *Learning objectives: Explore new technology and digital applications to help smokers quit and review their efficacy.  <b>F4. PREGNANCY AND SMOKING CESSATION/VAPING</b>   <a href="#">Lorraine Greaves, Centre of Excellence for Women’s Health</a> *Learning objectives: Summarize research evidence on the effects of vaping during pregnancy, as well as population-specific approaches to smoking and vaping cessation.
12:00 - 1:00	<b>LUNCH</b>
1:00 - 2:00 45 mins pres 15 mins Q&A	<b>WHAT DO SMOKERS WANT?</b>   <a href="#">Panel of Current and Former Smokers</a> *Learning objectives: Determine the challenges smokers face when considering cessation and explore novel opportunities for healthcare professionals to assist.

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TIME	TOPIC
2:00 - 2:30 20 mins pres 10 mins Q&A	<b>CANNABIS – IN THE BROAD SENSE</b>   <b>Daniel Myran, University of Ottawa</b> *Learning objectives: Explore the evolution of the legal cannabis market in Canada since its inception and discuss current and potential future implications of this market.
2:30 - 2:50	<b>BREAK</b>
2:50 - 3:20 20 mins pres 10 mins Q&A	<b>VAPING CESSATION</b>   <b>Dr. Hassan Mir</b> *Learning objectives: Summarize the evidence on best practices for vaping cessation.
3:20 - 4:15 20 mins pres 10 mins Q&A	<b>CANCER AND SMOKING CESSATION</b> <b>Panel Discussion:</b> <ul style="list-style-type: none"> <li>• <b>Graham Warren, Medical University of South Carolina</b></li> <li>• <b>Kerri-Anne Mullen, University of Ottawa Heart Institute</b></li> <li>• <b>Kelly Hurley, Horizon Health Network</b></li> </ul> *Learning objectives: Outline population-specific approaches to smoking cessation for cancer patients.
4:15 - 4:30	<b>CLOSING REMARKS</b>   <b>Sarah Mackler, University of Ottawa Heart Institute</b>
4:30 - 6:00	<b>WINE AND CHEESE POSTER SESSIONS</b>



**DAY 2 | SATURDAY, JANUARY 21, 2023**

\*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
7:30 - 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
8:30 - 8:45	INTRODUCTORY COMMENTS   <a href="#">Sarah Mackler, University of Ottawa Heart Institute</a>
8:45 - 9:35 35 mins pres 15 mins Q&A	<b>KEYNOTE PRESENTATION: NHS LONG TERM PLAN TOBACCO TREATMENT GOALS</b>   <a href="#">Sanjay Agrawal, NHS</a> *Learning objectives: Outline progress on the implementation of the NHS Long Term Plan and explore potential applications within a local context.
9:35 - 10:00 25 min moderated discussion	<b>THE CHANGING LANDSCAPE OF NICOTINE PRODUCTS – A FIRESIDE CHAT</b>   <a href="#">Cynthia Callard, Physicians for a Smoke-Free Canada</a> , <b>Moderated By: Dr. Andrew Pipe</b> *Learning objectives: Summarize the evolution of nicotine products over the past several years, as well as corresponding developments in approaches to smoking cessation.
10:00 - 10:20	BREAK
10:20 - 12:00 30 mins pres 15 mins Q&A (repeated)	<b>BREAKOUT SESSIONS (10:20 – 11:05 and repeated from 11:15 – 12:00)</b>  <b>S1. THE NUNAVUT STORY: CULTURAL DIFFERENCES IN ADDRESSING SMOKING IN THE INUIT POPULATION</b>   <a href="#">Eric Ipirq and Fellen Atienza, Department of Health, Government of Nunavut</a> *Learning objectives: Explore population-based approaches to smoking cessation employed within Inuit communities in Nunavut.  <b>S2. USING MI TO REDUCE HEALTHCARE PROVIDER BURDEN</b>   <a href="#">Speaker TBD</a> *Learning objectives: Describe the application of motivational interviewing (MI) within the context of smoking cessation, and how the use of MI can be beneficial for healthcare providers.  <b>S3. ENHANCING SMOKING CESSATION SCREENING</b>   <a href="#">Dr. Bill Evans</a> *Learning objectives: Outline tools and methods that can be used to improve uptake and success of smoking cessation screening programs.  <b>S4. CANNABIS AND TOBACCO CO-USE – PRACTICAL TIPS IN ADDRESSING THESE IN YOUR PATIENTS</b>   <a href="#">Michael Chaiton, Dalla Lana School of Public Health</a> *Learning objectives: Outline trends in cannabis and tobacco co-use and explore strategies to address co-use.
12:00 - 1:00	LUNCH
1:00 - 1:35 45 mins pres 15 mins Q&A	<b>RAPID FIRE ORAL PRESENTATIONS “5 MINS, 3 SLIDES!”</b>   <a href="#">Multiple Presenters, Moderated By: Mustafa Coja, University of Ottawa Heart Institute</a> **Learning objectives: Summarize new experiences, insights and interesting research results in the field of smoking cessation as presented by our conference delegates.



**DAY 2 | SATURDAY, JANUARY 21, 2023**

\*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
<b>1:35 - 2:00</b> 25 mins pres 10 mins Q&A	<b>BEST PRACTICES IN IMPLEMENTING THE OTTAWA MODEL FOR SMOKING CESSATION IN PRIMARY CARE SETTINGS</b>   <b>Sophia Papadakis, National Centre for Smoking Cessation and Training</b> *Learning objectives: Describe the factors that contribute to successful implementation of the OMSC, building on research and implementation experience from Ottawa, Greece, and the UK.
<b>2:00 - 2:15</b>	<b>BREAK</b>
<b>2:15 - 2:45</b> 20 mins pres 10 mins Q&A	<b>MISINFORMATION AND DISINFORMATION ON SMOKING/CANNABIS/VAPING: 5 SMOKING MYTHS THAT YOU WISH YOU COULD KILL OFF</b>   <b>Dr. Andrew Pipe</b> *Learning objectives: Identify common smoking myths and explore ways to address them.
<b>4:15 - 4:30</b>	<b>AWARDS CEREMONY AND CLOSING REMARKS</b>   <b>Dr. Andrew Pipe &amp; Dr. Hassan Mir</b>
<b>3:00 - 3:15</b>	<b>CLOSING CEREMONY</b>   <b>Elder</b>

