

PRECONFERENCE | THURSDAY, JANUARY 19, 2023

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
8:30 - 9:00	BREAKFAST AND REGISTRATION
9:00 - 9:45	<p>T1. IMPLEMENTING THE OTTAWA MODEL FOR SMOKING CESSATION IN ANY SETTING Sarah Mackler & Mustafa Coja, University of Ottawa Heart Institute</p> <p>*Learning objectives: Explain the 5 key features of the Ottawa Model; describe the rationale for the program and the adaptability of implementation in a variety of clinical settings and specialty areas.</p>
9:45 - 10:30	<p>T1. OMSC UPDATES: WHAT ARE WE WORKING ON AND WHERE ARE WE GOING? Sarah Mackler, University of Ottawa Heart Institute</p> <p>*Learning objectives: Summarize recent OMSC program developments.</p>
10:30 - 10:45	COFFEE BREAK
10:45 - 12:00	<p>T1. IMPLEMENTATION SCIENCE: WHAT IT IS AND WHAT YOU NEED TO KNOW TO ENSURE SUCCESS Kate Walker, University of Ottawa Heart Institute</p> <p>*Learning objectives: Delve into the science of implementation and its applications for smoking cessation</p>
12:00 - 1:00	LUNCH
1:00 - 2:00	<p>T2. HACKING IMPLEMENTATION SYSTEM CHALLENGES AND LEVERAGING OPPORTUNITIES - PART ONE Ottawa Model for Smoking Cessation</p> <p>*Learning objectives: Identify various scenarios that could benefit from the use of implementation science.</p>
2:00 - 2:15	COFFEE BREAK
2:15 - 3:00	<p>T2. HACKING IMPLEMENTATION SYSTEM CHALLENGES AND LEVERAGING OPPORTUNITIES - PART TWO Group presentations and discussion</p> <p>*Learning objectives: Discuss potential solutions and opportunities that could be used to address the scenarios identified in the previous session.</p>



DAY 1 | FRIDAY, JANUARY 20, 2023

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
7:30 - 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
8:30	OPENING CEREMONY Elder Verna McGregor
8:30 - 8:40	INTRODUCTORY COMMENTS Sarah Mackler, University of Ottawa Heart Institute
8:40 – 9:00 20 mins pres	CLINICAL SMOKING CESSATION IN 2023: CONTEMPORARY ISSUES AND CONTEMPORARY PRACTICE Dr. Andrew Pipe and Dr. Hassan Mir *Learning objectives: Interpret the philosophies and latest research underlying clinical smoking cessation interventions in the healthcare setting.
9:00 – 10:00 45 mins pres 15 mins Q&A	SMOKING AND VAPING AMONG CANADIANS: WHAT THE DATA TELLS US Professor David Hammond, School of Public Health Sciences *Learning objectives: Outline the current data surrounding current smoking and vaping trends among Canadians.
10:00 - 10:20	BREAK
10:20 – 12:00 30 mins pres 15 mins Q&A (repeated)	BREAKOUT SESSIONS (10:20 – 11:05 and repeated from 11:15 – 12:00) F1. THE MASTER CLASS: A CONVERSATION WITH DR. HASSAN MIR, DR. ANDREW PIPE, AND DR. ROBERT REID Dr. Hassan Mir, Dr. Andrew Pipe, University of Ottawa Heart Institute, Dr. Bob Reid *Learning objectives: Outline landmark approaches to smoking cessation through an open and informed conversation with an internationally renowned tobacco cessation expert. F2. COUNSELLING PATIENTS/STRESS MANAGEMENT Emilie Serano, University of Ottawa Heart Institute *Learning objectives: Summarize approaches to managing stress in patients enrolled in smoking cessation programs. F3. DIGITAL HEALTH WITH SMOKING CESSATION Melissa Bastin, OntarioMD *Learning objectives: Leveraging electronic medical records (EMR) and technology to support smoking cessation management. F4. PREGNANCY AND SMOKING CESSATION/VAPING Dr. Lorraine Greaves, Centre of Excellence for Women’s Health *Learning objectives: Summarize research evidence on the effects of vaping during pregnancy, as well as population-specific approaches to smoking and vaping cessation.
12:00 - 1:00	LUNCH
1:00 - 2:00 45 mins pres 15 mins Q&A	WHAT DO OUR PATIENTS WANT FROM QUIT SMOKING EXPERTS? Panel of current and former patients *Learning objectives: Determine the challenges people who smoke face when considering cessation and explore novel opportunities for healthcare professionals to assist.

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TIME	TOPIC
2:00 - 2:30 20 mins pres 10 mins Q&A	CANNABIS – IN THE BROAD SENSE Dr. Daniel Myran, University of Ottawa *Learning objectives: Explore the evolution of the legal cannabis market in Canada since its inception and discuss current and potential future implications of this market.
2:30 - 2:50	BREAK
2:50 - 3:20 20 mins pres 10 mins Q&A	VAPING CESSATION Dr. Hassan Mir *Learning objectives: Summarize the evidence on best practices for vaping cessation.
3:20 - 4:15 40 mins pres 15 mins Q&A	SMOKING CESSATION IN CANCER CARE: THE ISSUE WE HAVEN'T BEEN ABLE TO QUIT Panel Discussion: <ul style="list-style-type: none"> • Dr. Graham Warren, Medical University of South Carolina • Dr. Kerri-Anne Mullen, University of Ottawa Heart Institute • Kelly Hurley, Horizon Health Network *Learning objectives: Summarize the impact of smoking on cancer and cancer treatment, describe the cost-effectiveness of smoking cessation in oncology settings, and outline strategies for program sustainability.
4:15 - 4:30	CLOSING REMARKS Sarah Mackler, University of Ottawa Heart Institute
4:30 - 6:00	WINE AND CHEESE POSTER SESSIONS



DAY 2 | SATURDAY, JANUARY 21, 2023

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
7:30 - 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
	‘WHAT’S NEW? A JOHNSON & JOHNSON INC. COFFEE TALK AND PANEL DISCUSSION ON THE LATEST TOOLS AND RESOURCES FOR HEALTHCARE PROFESSIONALS’ *This portion of the agenda is not accredited.
8:30 - 8:45	INTRODUCTORY COMMENTS Sarah Mackler, University of Ottawa Heart Institute
8:45 - 9:35 35 mins pres 15 mins Q&A	KEYNOTE PRESENTATION: NHS LONG TERM PLAN TOBACCO TREATMENT GOALS Dr. Sanjay Agrawal, NHS *Learning objectives: Outline progress on the implementation of the NHS Long Term Plan and explore potential applications within a local context.
9:35 - 10:00 25 min moderated discussion	THE CHANGING LANDSCAPE OF NICOTINE PRODUCTS – A FIRESIDE CHAT Cynthia Callard, Physicians for a Smoke-Free Canada, Moderated By: Dr. Andrew Pipe *Learning objectives: Summarize the evolution of nicotine products over the past several years, as well as corresponding developments in approaches to smoking cessation.
10:00 - 10:20	BREAK
10:20 - 12:00 30 mins pres 15 mins Q&A (repeated)	BREAKOUT SESSIONS (10:20 – 11:05 and repeated from 11:15 – 12:00)
	S1. THE NUNAVUT STORY: CULTURAL DIFFERENCES IN ADDRESSING SMOKING IN THE INUIT POPULATION Eric Ipirq and Fellen Atienza, Department of Health, Government of Nunavut *Learning objectives: Explore population-based approaches to smoking cessation employed within Inuit communities in Nunavut.
	S2. USING MI TO REDUCE HEALTHCARE PROVIDER BURDEN Roger Tam, Our Own Health *Learning objectives: Describe the application of motivational interviewing (MI) within the context of smoking cessation, and how the use of MI can be beneficial for healthcare providers.
	S3. ENHANCING SMOKING CESSATION SCREENING Dr. Bill Evans *Learning objectives: Outline tools and methods that can be used to improve uptake and success of smoking cessation screening programs.
	S4. CANNABIS AND TOBACCO CO-USE: WHAT THE EVIDENCE SAYS Dr. Michael Chaiton, Dalla Lana School of Public Health *Learning objectives: Outline trends in cannabis and tobacco co-use and explore strategies to address co-use.
12:00 - 1:00	LUNCH
1:00 - 1:35 25 mins pres 10 mins Q&A	RAPID FIRE ORAL PRESENTATIONS “5 MINS, 3 SLIDES!” Multiple Presenters, Moderated By: Mustafa Coja, University of Ottawa Heart Institute **Learning objectives: Summarize new experiences, insights and interesting research results in the field of smoking cessation as presented by our conference delegates.

DAY 2 | SATURDAY, JANUARY 21, 2023

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TIME	TOPIC
1:35 - 2:00 15 mins pres 10 mins Q&A	BEST PRACTICES IN IMPLEMENTING THE OTTAWA MODEL FOR SMOKING CESSATION IN PRIMARY CARE SETTINGS Dr. Sophia Papadakis, National Centre for Smoking Cessation and Training *Learning objectives: Describe the factors that contribute to successful implementation of the OMSC, building on research and implementation experience from Ottawa, Greece, and the UK.
2:00 - 2:15	BREAK
2:15 - 2:45 20 mins pres 10 mins Q&A	MISINFORMATION AND DISINFORMATION ON SMOKING/CANNABIS/VAPING: 5 SMOKING MYTHS THAT YOU WISH YOU COULD KILL OFF Dr. Andrew Pipe *Learning objectives: Identify common smoking myths and explore ways to address them.
2:45 - 3:00	AWARDS CEREMONY AND CLOSING REMARKS Dr. Andrew Pipe & Dr. Hassan Mir
3:00 - 3:15	CLOSING CEREMONY Elder



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