

# **SEVENTEENTH ANNUAL OTTAWA CONFERENCE**

**STATE OF THE ART CLINICAL APPROACHES TO SMOKING CESSATION**

**JANUARY 24 - 25, 2025 | SHAW CENTRE | OTTAWA, ONTARIO**

# **CONFERENCE PROGRAM**



**OTTAWA MODEL  
FOR SMOKING CESSATION**

POWERED BY THE UNIVERSITY OF OTTAWA HEART INSTITUTE



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**STATE OF THE ART CLINICAL APPROACHES TO SMOKING CESSATION**

**JANUARY 24-25, 2025 • REGISTER NOW!**

## FRIDAY, JANUARY 24, 2025

\*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
7:30 – 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
8:30 – 8:45	OPENING CEREMONY   <a href="#">Elder</a>
8:45 – 9:00	INTRODUCTORY COMMENTS   <a href="#">Mustafa Coja, University of Ottawa Heart Institute</a>
9:00 – 9:30	<p><b>CLINICAL SMOKING CESSATION IN 2025</b>   <a href="#">Dr. Hassan Mir, Dr. Kerri-Anne Mullen &amp; Dr. Andrew Pipe, University of Ottawa Heart Institute</a></p> <p>*Learning objectives: Interpret the philosophies and latest research underlying clinical smoking cessation interventions in the healthcare setting.</p>
9:30 – 10:30	<b>CONTEMPORARY APPROACHES TO SMOKING CESSATION: CLINICAL PRACTICE UPDATE</b>   <a href="#">Dr. Hassan Mir, University of Ottawa Heart Institute</a>
10:30 – 10:50	BREAK/NETWORKING
10:50 – 11:35	VAPING: PATTERNS AND PREVALENCE   <a href="#">Dr. David Hammond</a>
11:35 – 12:30	<b>KEYNOTE PRESENTATION: VAPING</b>   <a href="#">Dr. Mark Eisenberg</a>
12:30 – 1:30	LUNCH
1:30 – 2:15	<b>CLIMATE CHANGE, SMOKING CESSATION, AND CARDIOVASCULAR HEALTH</b>   <a href="#">Dr. Samantha Green, Assistant Professor, Temerty Faculty of Medicine</a>
2:15 – 3:00	ADDRESSING NICOTINE POUCHES FROM A POLICY PERSPECTIVE   <a href="#">TBD</a>
3:00 – 3:20	BREAK
3:20 – 4:15	ALTERNATIVE NICOTINE PRODUCTS/NICOTINE POUCHES – CLINICAL IMPLICATIONS   <a href="#">TBD</a>
4:15 – 4:30	CLOSING REMARKS   <a href="#">Mustafa Coja, University of Ottawa Heart Institute</a>
4:30 – 6:00	WINE AND CHEESE POSTER SESSIONS



## **SATURDAY, JANUARY 25, 2025**

\*Learning Objectives: By the end of the session, participants will be able to:

<b>TIME</b>	<b>TOPIC</b>
7:30 – 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
8:30 – 8:45	INTRODUCTORY COMMENTS   <a href="#">Mustafa Coja, University of Ottawa Heart Institute</a>
8:45 – 9:30	<b>KEYNOTE PRESENTATION: SMOKING CESSATION AND CONCURRENT ALCOHOL/SUBSTANCE USE</b>   <a href="#">Dr. Peter Selby</a>
9:30 – 10:15	<b>WHAT DO OUR PATIENTS WANT FROM QUIT [VAPING] EXPERTS?</b>   <a href="#">Panel of Current and Former Youth Who Vape, Moderated by: TBD</a> *Learning objectives: Youth who have quit vaping, youth who have taken up vaping to quit smoking.
10:15 – 10:30	BREAK
10:30 – 12:15 BREAKOUT SESSIONS	<b>BREAKOUT SESSIONS (10:30 – 11:15 AND REPEATED AGAIN FROM 11:30 – 12:15)</b>  S1. MASTER CLASS   <a href="#">TBD</a>  S2. PREGNANCY, LACTATION AND SMOKING CESSATION   <a href="#">Dr. Kerri-Anne Mullen, Maria Agustina Lopez Laporte</a>  S3. COMMERCIAL TOBACCO CESSATION IN INDIGENOUS COMMUNITIES   <a href="#">TBD</a>  S4. PANEL DISCUSSION (A. SESSION EN FRANÇAIS   B. SESSION IN ENGLISH)   <a href="#">TBD</a>
12:15 – 1:30	LUNCH
1:30 – 2:15	SOCIAL MEDIA, YOUTH VAPING UPTAKE AND VAPING CESSATION   <a href="#">Dr. Laura Struik &amp; Ryan Fahey</a>
2:15 – 2:30	BREAK
2:30 – 3:15	<b>RAPID FIRE ORAL PRESENTATIONS “5 MINS, 3 SLIDES!”</b>   <a href="#">Multiple Presenters, Moderated By: Mustafa Coja</a> *Summarize new experiences, insights and interesting research results in the field of smoking cessation as presented by our conference delegates.
3:15 – 3:45	<b>AWARDS CEREMONY AND CLOSING REMARKS</b>
3:45 – 4:00	<b>CLOSING CEREMONY</b>   <a href="#">Elder</a>