

SEVENTEENTH ANNUAL OTTAWA CONFERENCE

STATE OF THE ART CLINICAL APPROACHES TO SMOKING CESSATION

JANUARY 24 - 25, 2025 | SHAW CENTRE | OTTAWA, ONTARIO

CONFERENCE PROGRAM



**OTTAWA MODEL
FOR SMOKING CESSATION**

POWERED BY THE UNIVERSITY OF OTTAWA HEART INSTITUTE



FRIDAY, JANUARY 24, 2025

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
7:30 – 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
8:30 – 8:45	OPENING CEREMONY Elder
8:45 – 9:00	INTRODUCTORY COMMENTS Mustafa Coja, University of Ottawa Heart Institute
9:00 – 9:30	<p>CLINICAL SMOKING CESSATION IN 2025 Dr. Hassan Mir, Dr. Kerri-Anne Mullen & Dr. Andrew Pipe, University of Ottawa Heart Institute</p> <p>*Learning objectives: Interpret the philosophies and latest research underlying clinical smoking cessation interventions in the healthcare setting.</p>
9:30 – 10:30	<p>CONTEMPORARY APPROACHES TO SMOKING CESSATION: CLINICAL PRACTICE UPDATE Dr. Hassan Mir, Dr. Kerri-Anne Mullen, Javad Heshmati, University of Ottawa Heart Institute and Dr. Mark Eisenberg, McGill University</p>
10:30 – 10:50	BREAK/NETWORKING
10:50 – 11:35	VAPING: PATTERNS AND PREVALENCE Dr. David Hammond, University of Waterloo
11:35 – 12:30	KEYNOTE PRESENTATION: VAPING Dr. Mark Eisenberg, McGill University
12:30 – 1:30	LUNCH
1:30 – 2:15	CLIMATE CHANGE, SMOKING CESSATION, AND CARDIOVASCULAR HEALTH Dr. Samantha Green, Assistant Professor, Temerty Faculty of Medicine
2:15 – 2:55	INCORPORATING SMOKING CESSATION INTO ALTERNATIVE MODELS OF CARE Dr. Susan Kilborn, Community Vet Outreach
2:55 – 3:15	BREAK
3:15 – 4:15	NICOTINE POUCHES: POLICY APPROACHES AND CLINICAL IMPLICATIONS Speaker TBD
4:15 – 4:30	CLOSING REMARKS Mustafa Coja, University of Ottawa Heart Institute
4:30 – 6:00	WINE AND CHEESE POSTER SESSIONS



SATURDAY, JANUARY 25, 2025

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7:30 – 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
8:30 – 8:45	INTRODUCTORY COMMENTS Mustafa Coja, University of Ottawa Heart Institute
8:45 – 9:30	KEYNOTE PRESENTATION: SMOKING CESSATION AND CONCURRENT ALCOHOL/SUBSTANCE USE Dr. Peter Selby, Centre for Addiction and Mental Health (CAMH)
9:30 – 10:15	WHAT DO OUR PATIENTS WANT FROM QUIT [VAPING] EXPERTS? Panel of Current and Former Youth Who Vape, Moderated by: Speaker TBD *Learning objectives: Youth who have quit vaping, youth who have taken up vaping to quit smoking.
10:15 – 10:30	BREAK
10:30 – 12:15 BREAKOUT SESSIONS	BREAKOUT SESSIONS (10:30 – 11:15 AND REPEATED AGAIN FROM 11:30 – 12:15) S1. MASTER CLASS Speaker TBD S2. PREGNANCY, LACTATION AND SMOKING CESSATION Dr. Kerri-Anne Mullen, Maria Agustina Lopez Laporte S3. COMMERCIAL TOBACCO CESSATION IN INDIGENOUS COMMUNITIES Speaker TBD S4. PANEL DISCUSSION (A. SESSION EN FRANÇAIS B. SESSION IN ENGLISH) Speaker TBD
12:15 – 1:30	LUNCH
1:30 – 2:15	SOCIAL MEDIA, YOUTH VAPING UPTAKE AND VAPING CESSATION Dr. Laura Struik & Ryan Fahey
2:15 – 2:30	BREAK
2:30 – 3:15	RAPID FIRE ORAL PRESENTATIONS “5 MINS, 3 SLIDES!” Multiple Presenters, Moderated By: Mustafa Coja *Summarize new experiences, insights and interesting research results in the field of smoking cessation as presented by our conference delegates.
3:15 – 3:45	AWARDS CEREMONY AND CLOSING REMARKS
3:45 – 4:00	CLOSING CEREMONY Elder



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